

Guest Book

Words of gratitude, light, and sharing about Reiki

Swiss International Reiki Congress 2026, March

7–8

Testimonials and Wishes for the Future





These collected words reflect the gratitude, unity, and heartfelt spirit shared during the convention.

Gratitude and Unity

“I am filled with gratitude for having had such a rich experience centered on Reiki, for feeling how each person has integrated Reiki in their own way and shares it with an open heart—based on their life experiences, their story, their beliefs, and what resonates with them—all within a spirit of unity and non-duality.

Thank you for this conference!”

A Future Gathering

“The anniversary of his passing could be an excellent opportunity to organize this conference again.

A big thank you ”

Thank you, thank you, thank you

Opening Your Heart

“Thank you to Reiki. Thank you to Usui. Thank you to all who work for the light. Thank you to all who open themselves to the divine force.

May everyone, each in their own way, open their hearts to one another, to the Source, and to themselves.”

Light and love

“Reiki, that gentle flow of universal life energy, reminds us that we are never disconnected.

Let us calm the mind and open our hearts. Let us allow light, clarity, and love to flow through us—that pure essence present in every being.

I hope your path is filled with healing light and radiance. Shine brightly and connect us, everywhere and at every moment.

Thank you for making this possible and for being so present.

I promise to walk, to live, to love, and to savor life—now and on the path ahead.”

May Reiki spread to touch the heart of each and every one of us, uniting us in its light.

Meetings and Sharing

“In the future, I hope that we, practitioners of the various forms of Reiki, can meet more often in different countries to share our knowledge and cultural differences, and to explore how we can support one another.

In this way, this beautiful practice of sharing love and light can grow and spread, even in countries where spirituality and energy remain taboo—not because of the government, but because of the people.

We must find ways to connect with the humanity within each of us!”

A Future Filled with Love

“May the future of Reiki be filled with love, unity, and trust in healing, and may its importance for the healing of the world be widely recognized.”

More love, peace, hope, and joy!

Enlightened consciousness

“May there be more enlightened awareness and enlightened actions in Reiki and in the world at large!

Ai to Kansha! — Love and gratitude!”

Thank you

“Thank you for the Reiki I received during this conference.”

Gratitude to a mentor

“Gratitude to the one who opened the doors to Reiki for me in 1980.

May the flame continue to inspire them in their role as a ‘transmitter.’

May their words be true and may they radiate for my good and the good of all those involved.”

May Reiki be present in the hearts and minds of all; may we find peace and promote it; may we never forget the simple yet profound teachings of Mikao Usui. John

Long live Reiki

“Long live Reiki in all its dimensions: body, soul, and spirit.

Thank you to all the Reiki teachers who have passed on this humble and luminous practice, from Usui to me.

Thank you to all the people who have come to me to discover their path to enlightenment and light through the practice of Reiki.

With all my GRATITUDE.”

Love and serenity

“Love, serenity, and many more beautiful years with my partner.”

Gratitude for Reiki

“I simply feel grateful that Reiki is part of our life experience here. ♡”

Returning to Our Essence

“Thank you for bringing us back to ourselves, to our true essence, for helping us navigate life with greater serenity, and for reminding us of our connection to all that exists.”

United for the Earth and Humanity

“My wish for Reiki is that we become more united and that we all work together toward a better future for the Earth and humanity.”



Unity through diversity and open-mindedness.

Preserving the Purity of Reiki

“May Reiki be preserved in its purity and spread for the good of humanity.”

A Vision of Unconditional Love

“My personal wish, my vision, is that unconditional love be just as precious to all human beings and give everyone a zest for life; that, in our new world, within the matrix of the Golden Age, the principles of Reiki and the universal laws may unfold their full power.” Hannelore

May Unconditional Love illuminate the heart of each and every one of us to make our world a vibrant garden of love.

Gratitude to Mikao Usui Sensei

"I am deeply grateful to have discovered the teachings of Mikao Usui Sensei and to have made a place for them in my life. I recognize the truth of the principles of Reiki and am integrating them much more consciously into my life." Hannelore

"Thank you, Master Usui."

"Thank you, Mikao Usui."

Appreciation and Gratitude

"I hope that Reiki will be recognized by the medical and scientific communities as a practice for healing the body and mind, complementary to medicine, when the patient is ready. A practice that supports people in their physical ailments and helps them align with their higher self."

I am grateful for the presence of Reiki in the world and in my life. It connects me and directs my energy toward serving others and reconnecting with my higher self, my energetic being. "

Acknowledgments to the organizers

"Thank you, Christine, for your ability to bring people together and brighten their day with your smile."

"With all my gratitude."

"Thank you, Christine—you are our guiding star."

"Reiki is a gift!"

"Thank you to all the organizers and participants for this exceptional conference."

"Thank you to all the organizers for this wonderful conference."

"Thank you, everyone!"

"Thank you, Christine, for giving so much love and kindness."

Daily Gratitude

"Every day, I thank Reiki for this gift—for me, for all my friends, my family, my patients, and the world."

Keep Practicing

"Looking ahead, I hope that more and more people will practice Reiki."

Preserving Usui's Legacy

"For me, there is a life before Reiki and a life with Reiki. I hope to never forget that, and I hope that others will recognize, appreciate, carry on, and share Usui's great legacy with the world. "

Acknowledgments to the Founders

"Thank you to those who founded the Reiki method and gave us the opportunity to access it."

Connections and Understanding

"The bond between us, mutual understanding, and heart-to-heart communication."

Recognition in Switzerland

"I hope that Reiki will be recognized within the Swiss healthcare system. Thank you..."

Peace and Well-Being

"May Reiki bring more peace and well-being to the world."

A Gift of Love

"What if historians could accept their disagreements and move on with their lives? Reiki is what it is: a gift born of love."

Reiki in Institutions

"May Reiki also spread throughout Switzerland and be integrated into institutions and hospitals. May people be inspired to take an interest in Reiki. 🙏 "

A Common Practice

"I hope that Reiki, as a healing therapy, will become a common and natural practice, both in Europe and around the world."

Long live Reiki

"Long live Reiki in all its dimensions: body, soul, and spirit."

Thank you to all the Reiki teachers who have passed on this humble and luminous practice, from Usui to me.

Thank you to everyone who has come to me to discover their path to enlightenment and light through the practice of Reiki.

With all my GRATITUDE."

Encounters, Awareness, and Openness

“Encounters and sharing.”

“Enlightened awareness.”

“Kansha shite. You might also want to incorporate animal Reiki. Excellent conference. Thank you, Mikao Usui.”

“Thank you, thank you, thank you for all the love, light, and all the changes and growth that Reiki has brought into my life.”

“Full of love, peace, and hope.”

“May Reiki continue to spread throughout the world and help as many people as possible.”

“I love you and I am grateful.”

“Coming together as one.”

“A beautiful, spiritual day to begin. Thank you, Reiki; thank you, Francis; thank you, Master Usui.”

“May Reiki live on forever.”

“Thank you.”

“Openness, acceptance, tolerance.”

“I am grateful to you for this wonderful conference I will be attending this weekend. Thank you, Swiss Reiki, for this wonderful organization and for everything you offer, which will enrich my knowledge.”

“Unity through diversity and openness.”

“A big thank you to all the organizers and participants for this extraordinary conference. May Reiki continue to guide me and bring out the best in me.”

“I am filled with gratitude to be part of such a rich experience centered on Reiki, to feel how each person has integrated Reiki in their own way and shares it with an open heart, based on their experiences, their story, their beliefs, and their challenges. All within a spirit of unity and non-duality. Thank you for this conference.”

“May Reiki be valued more and more.”

“More members for Swiss Reiki.”

“May Reiki remain a bridge between people, a universal language of peace and love that soothes, connects, and uplifts. Thank you, Usui Sensei. Thank you, Christine.”

“May peace of heart reign throughout the universe and may all living beings be enveloped in it.”

Peace, love, and may I keep my faith with every step on my path in the light.

May the peace of Reiki radiate in the hearts of men and women throughout the world.

Thank you for the transmission of Reiki, the personal healings, as well as the practices and treatments with the people who have crossed my path.

• Love and gratitude ♥